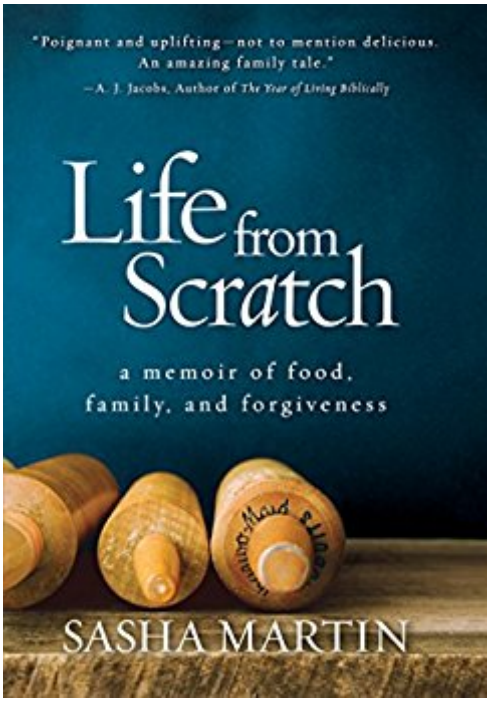
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Life From Scratch: A Memoir Of Food, Family, And Forgiveness



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Synopsis

Witty, warm, and poignant, food blogger Sasha Martin’s memoir about cooking her way to happiness and self-acceptance is a culinary journey like no other. Ã Â Over the course of 195 weeks, food writer and blogger Sasha Martin set out to cookÃ¢â ¬â •and eatÃ¢â ¬â •a meal from every country in the world. As cooking unlocked the memories of her rough-and-tumble childhood and the loss and heartbreak that came with it, Martin became more determined than ever to find peace and elevate her life through the prism of food and world cultures. From the tiny, makeshift kitchen of her eccentric, creative mother, to a string of foster homes, to the house from which she launched her own cooking adventure, Martin’s heartfelt, brutally honest memoir reveals the power of cooking to bond, to empower, and to healÃ¢â ¬â •and celebrates the simple truth that happiness is created from within.The Happiness PursuitFrom the Hardcover edition.

Book Information

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Customer Reviews

Like the author, my childhood growing up was topsy-turvy. My own mother never enjoyed cooking so when I was newly married I began to teach myself to cook and try and recreate the recipes of my grandparents. I also married a Czech man and enjoyed delving into a new culture and tasting new

items from around the globe. I shared this journey with my kids and husband, much like Sasha. I found this book to be a quick and relatable read and can’t wait to try some of the recipes contained in the book!

I finished this book in two days, devouring page after page. Many blog turned books stories lack substance, or readers already know the majority of what will be delivered in the book - not so here. The book is emotionally difficult to read however I think most people will be able to relate at various points in the book. The writing is excellent and I love the recipes woven in as well. Highly recommended.

I thought this would just be a journey through the 195 countries and their recipes. It was so much more and well worth it. The author begins with her childhood and growing up. All through the book there are stories of food, and some recipes. They mix nicely. There’s a love story too. And by the time she gets to cooking around the world the book is almost over. I never knew about her blog and you don’t have to. This is a great memoir of a woman’s journey as she goes through life, with food. Enjoyed it thoroughly and would love to read more by the author. I read this rather quickly, and the chapters are broke down easily.

Beautifully written I totally enjoy literature written with an edge. Food writing over time, has been written with over groified sihouettes, with out note for real families. Families who are cooking without the," Alice Waters allowance, " have fewer options. Economicly people living in the middle of the country deal with food they either grow or that they can get seasonally which may not be much. Thanks you for recipes that may be achieved.

So enjoyed this fascinating and interesting book. She had such a tortured life yet worked so hard to live, learn, accept, forgive, and love. Her story and her life is incredible, and the way she tied it altogether helps bring the book even more alive. I could hardly put the book down but also did not want it to end! Makes me want to cook more and be a more adventurous cook. I recommend this book whether you like to cook or not.

Sasha Martin’s Life from Scratch is a marvelous, extremely well-written true story. The story goes from Boston and Cape Cod, to Europe, and, of all places, Tulsa, Oklahoma. I think those of us in Tulsa are very blessed to have Sasha Martin in our community. Intermingled in this captivating story

are wonderful recipes that sometimes brought tears to my eyes. I give Life from Scratch my highest recommend.

I am currently reading it and LOOOOOOVE it!!!!!!!! :-)

I am enjoying the clear and personal writing style, the people we get to know, the insights, and the beautiful, clear, thoughtful and encouraging way the recipes are presented. The reader feels that Sasha Martin is present in her kitchen, and cheering her on. I have had to slow down my reading as I don't want the book to end. I will locate her blog.

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